



CARLISLE SOCCER INDOOR RULES



Each team has 4-5 players during play. (4 Field players and a goalkeeper, except Ages 6-8 no goalkeeper)

Max roster per team is 7 players.

Each player will register as a free agent and then assigned to a team.

All teams are considered coed. The league is coed.

Length of play is one period of 30 minutes. Clock is continuous.

Games ending in a tie will remain a draw.

Final games however will be decided by a 5 minute period with a golden goal.

If no goals are scored, kicks from the mark will be given, one at a time until a winner is determined.

Balls going out of bounds from the touchline will be kicked in.

Corner kicks are standard.

Opponents will respect a 5 yard halo from the kicker for kick ins and corner kicks.

Goal kicks are played in by the goal keeper who can handle the ball.

No balls thrown by the goalkeeper in the air past half court. Goalkeeper may kick the ball past half court.

If goalie sets ball down to kick it, then the ball is live and players may challenge

No offsides.

All kicks are indirect, except fouls inside the goal arc.

All penalty shots taken from top of the arc

Substitutions are done on the fly for all field players

Goalkeeper substitutions have to occur during a stoppage in play